

Psychology Today

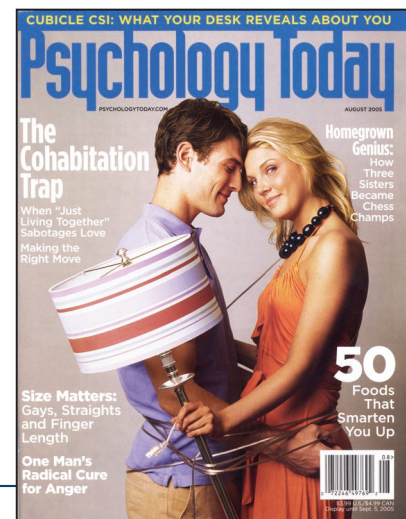
- Text and photos
- Articles on mental health for a general audience
- Frequency: 7/yr

Psychology Today allows readers to learn about a broad range of mental health topics. Each issue includes news stories, as well as feature articles by psychologists with both clinical and academic backgrounds. Geared toward a general audience, the publication helps readers identify potential mental health issues while providing practical solutions. Articles in Psychology Today cover issues that most affect our mental health, such as relationships, family, work, nutrition and genetic influences.

www.psychologytoday.com

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